

How to Handle a Woman's Rejection

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How does a man handle a woman's rejection?

Fear of rejection is one of the more common fears out there. Yet, if you are a man looking for a spouse, you will encounter rejection many times.

This video was originally an FB Live that I uploaded to YouTube. It covers how to handle a woman's rejection.

This video is mostly addressed to men because women shouldn't be [pursuing](#) men anyway. This automatically eliminates 90% of a woman's rejection possibility.

However, women can be rejected in other ways such as during a breakup, so if you're a woman, watch this video too.

Topics Covered

– **How to know you're being rejected:** Believe or not one often experiences "mini-rejections". Learn the signs of

these mini-rejections so won't be taken by surprise, when the big rejection comes.

– **How not to take the rejection personally:** When someone rejects you, don't take it personally. There is a pot for every lid.

– **What have you learned from the rejection?** Is there anything you learned that you can apply to your next courtship?

– **How not to be attached to the outcome:** Get into the habit of thinking, "next" – not in a callous way but with the excitement of new possibilities.

Make sure to give me your thoughts on the video!

Happy Courting!